


January

Stars Montessori Academy

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Grilled turkey and cheese sandwiches with cucumber and tomatoes Fresh Fruit	Fish sticks with mashed potatoes Fresh Fruit	Grilled chicken quesadillas with corn and carrots Fresh Fruit	Grilled cheese sandwiches with tomato soup Fresh Fruit
8	9	10	11	12
Ground beef stroganoff with carrots and peas Fresh Fruit	Ham and Potato Cassarole with mixed vegetables Fresh Fruit	Fish tacos with tomatoes and corn Fresh Fruit	Chicken alfredo with zucchini Fresh Fruit	Homemade Mac & Cheese with asparagus Fresh Fruit
15	16	17	18	19
 CLOSED JAN. 15	Chicken and rice soup with mixed vegetables Fresh Fruit	Baked tilapia with cheese sauce, rice and mixed vegetables Fresh Fruit	Tukey meatball with pasta and zucchini Fresh Fruit	Cheese pizza with homemade tomato sauce and spinach Fresh Fruit
22	23	24	25	26
Cheeseburger sliders with roasted red potatoes and carrots Fresh Fruit	Chicken, avocado, lettuce wrap Fresh Fruit	Tuna casserole with peas and carrots Fresh Fruit	Chicken and egg fried rice with steamed broccoli and peas Fresh Fruit	Cheese ravioli served with cauliflower and broccoli Fresh Fruit.
29	30	31		
Chicken, rice and beans burritos with corn Fresh Fruit	Baked chicken nuggets and cucumbers Fresh Fruit	Hearty Vegetable Soup Fresh Fruit		