

# March

# Stars Montessori Academy

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Grilled chicken quesadillas with corn and carrots Fresh Fruit	Grilled cheese sandwiches with tomato soup Fresh Fruit
5	6	7	8	9
Ground beef stroganoff with carrots and peas Fresh Fruit	Chicken and rice soup with mixed vegetables Fresh Fruit	Tuna casserole with peas and carrots Fresh Fruit	Chicken alfredo with zucchini Fresh Fruit	Homemade Mac & Cheese with asparagus Fresh Fruit
12	13	14	15	16
Cheeseburger sliders with roasted red potatoes and carrots Fresh Fruit	Chicken nuggets with mashed potatoes and mixed vegetables Fresh Fruit	Baked fish sticks with brown rice and mixed vegetables Fresh Fruit	Tukey meatball and pasta Fresh Fruit	Cheese pizza with homemade tomato sauce and spinach Fresh Fruit
19		21	22	23
Beef Lo-mein with mixed vegetables Fresh Fruit	Chicken, avocado and lettuce tortilla wrap Fresh Fruit	Black beans and corn quesadilla Fresh Fruit	Chicken and egg fried rice with steamed broccoli and peas Fresh Fruit	Cheese ravioli served with cauliflower and broccoli Fresh Fruit.
26	27	28	29	30
Chicken, rice and beans burritos with corn Fresh Fruit	Baked chicken nuggets and cucumbers Fresh Fruit	Cheesy Vegetable Chowder Fresh Fruit	Turkey chili with mixed vegetables Fresh Fruit	Garden vegetables lasagna Fresh Fruit