

June

Stars Montessori Academy

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Chicken, lettuce and corn tacos Fresh Fruit	Grilled turkey and cheese sandwiches with cucumber and tomatoes Fresh Fruit	Rice and beans burritos with corn Fresh Fruit	Turkey chili with mixed vegetables Fresh Fruit	Garden vegetables noodles Fresh Fruit
11	12	13	14	15
Grilled chicken quesadillas with corn and carrots Fresh Fruit	Ham sandwich sliders with lettuce and tomatoes Fresh Fruit	Baked fish sticks with brown rice and mixed vegetables Fresh Fruit	Chicken alfredo with zucchini Fresh Fruit	Homemade Mac & Cheese with asparagus Fresh Fruit
18	19	20	21	22
Cheeseburger sliders with roasted red potatoes and carrots Fresh Fruit	Chicken nuggets with mashed potatoes and mixed vegetables Fresh Fruit	Cheesy Noodle Vegetable Chowder Fresh Fruit	Tukey meatball and pasta Fresh Fruit	Cheese pizza with homemade tomato sauce and spinach Fresh Fruit
25	26	27	28	29
Beef Lo-mein with mixed vegetables Fresh Fruit	Chicken, avocado and lettuce torilla wrap Fresh Fruit	Black beans and corn quesadilla Fresh Fruit	Chicken and egg fried rice with steamed broccoli and peas Fresh Fruit	Cheese ravioli served with cauliflower and broccoli Fresh Fruit.