




November

Stars Montessori Academy

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Turkey chili with stewed tomatoes Fresh Fruit	Crispy potato and cheese tacos with lettuce and tomatoes Fresh Fruit
5	6	7	8	9
Grilled chicken quesadillas with corn and carrots Fresh Fruit	Chicken, lettuce and corn tacos Fresh Fruit	Baked fish sticks with brown rice and mixed vegetables Fresh Fruit	Chicken salad sandwiches with pickles and cucumbers Fresh Fruit	Homemade Mac & Cheese with mushrooms Fresh Fruit
12	13	14	15	16
School Closed 	Sloppy Joes with cucumbers and tomatoes Fresh Fruit	Cheesy Noodle and Vegetable Chowder Fresh Fruit	Tukey meatball pasta with mushrooms Fresh Fruit	Cheese pizza with homemade tomato sauce and spinach Fresh Fruit
19	20	21	22	23
Chicken pot pie with mixed vegetables Fresh Fruit	Beef Lo-mein with mixed vegetables Fresh Fruit	POTLUCK WITH FRIENDS 		School Closed
26	27	28	29	30
Chicken, avocado and lettuce tortilla wrap Fresh Fruit	Grilled turkey and cheese sandwiches with cucumber and tomatoes Fresh Fruit	Rice and beans burritos with corn Fresh Fruit	Chicken alfredo with zucchini Fresh Fruit	Parmesan and Spinach Orzo Fresh Fruit