



January

Stars Montessori Academy

Monday	Tuesday	Wednesday	Thursday	Friday
DEC. 31	1	2	3	4
Winter Break School Resumes Jan 2. 2019				
		Baked fish sticks with mashed potatoes and mixed vegetables Fresh Fruit	Chicken salad sandwiches with pickles and cucumbers Fresh Fruit	Homemade Mac & Cheese with mushrooms Fresh Fruit
7	8	9	10	11
Grilled chicken quesadillas with corn and carrots Fresh Fruit	Sloppy Joes with cucumbers and tomatoes Fresh Fruit	Cheesy Noodle and Vegetable Chowder Fresh Fruit	Tukey meatball pasta with mushrooms Fresh Fruit	Cheese pizza with homemade tomato sauce and spinach Fresh Fruit
14	15	16	17	18
Grilled turkey and cheese sandwiches with cucumber and tomatoes Fresh Fruit	Beef Lo-mein with mixed vegetables Fresh Fruit	Parmesan and Spinach Orzo Fresh Fruit	Turkey chili with corn Fresh Fruit	Rice and beans burritos with corn Fresh Fruit
21	22	23	24	25
	Chicken and Mexican rice with corn and carrots Fresh Fruit	Pesto pasta with cauliflower Fresh Fruit	Chicken and egg fried rice with mixed vegetables Fresh Fruit	Grilled cheese sandwich with tomato slices Fresh Fruit
28	29	30	31	FEB. 1
Cheeseburger sliders with roasted red potatoes and carrots Fresh Fruit	Chicken, lettuce and corn tacos Fresh Fruit	Rice and bean quesadillas with corn and carrots Fresh Fruit	Chicken alfredo with zucchini Fresh Fruit	Vegetable fried rice Fresh Fruit